

Light of Life Times

Vol. 14 July 2021

OUR MISSION

To break the generational cycle of poverty, one life at atime.

Over 15+ years we have impacted over **2,93,579 lives** across rural India. Our initiatives span across Education, Community and Skill Development, Healthcare Services & Environment Conservation through our flagship projects-Anando and Jagruti.

OUR BOARD

Ms. Villy Doctor - Founder & Managing Trustee

Ms. Gayatri Ruia - Trustee

Mr. Manoj Murarka - Trustee

Mr. Jitendra Mehta - Trustee

Mr. Punit B. Anand - Trustee



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Poem written by Mr. Makarand Uday Pathak, Programme Manager - SFSEP, ECP, and special programmes

ऐ साथी मेरे साथ चल, हिम्मत की कर लें बात चल हो मंजिलें मुश्किल सही, हाथों में लेके हाथ चल

तूफां ने कस ली है क़मर, दिरया उफनता है मगर पहुँचेंगे अगले मोड़ पर, रुक ना सकेगा ये सफ़र

कठिनाइयों के दूत ये, परछाइयों के भूत ये होंगे न फिर मजबूत ये, तू बांध ले ढांढस अगर

कुछ उलझनें हैं कुदरती, खतरा है कुछ इन्सां से भी बेशक़ कसौटी है तेरी, चोटी का हो तेरा हुनर

क्या सोच तेरा नाम है, और सोच क्या है काम भी हैं कितनी मुस्कानें दबी, छाया अंधेरा देखकर

तू झाँक अपने आपमें, कितनी प्रकाशित बिजलियाँ ले हाथ में उनको उभर, लिख दे फतेह तक़दीर पर

जो ना थमे वह राह तू, तू ख़ुद ही अपना रहगुज़र बिखरा हो जिनका भी सफर, दे कुछ दिलासा, कुछ सबर

जो मुड़ के तू देखे कभी, हो फूल, गुलशन हर सहर ना रंज - ओ - गम की टीस हो, हो साफ बहती हर नहर

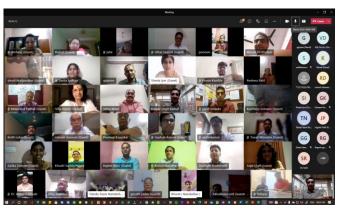
जो ख्वाब रातों ने बुने, ताउम्र दिन सींचे उन्हे पाए मक़ा और मंजिलें, आबाद हो दुनिया का घर.. पाए मक़ा और मंजिलें, आबाद हो दुनिया का घर..!

Manthan 2021

Light of Life Trust's two day annual review and team capacity building program MANTHAN was held on 1st and 2nd of June 2021. This year due to the lockdown and Covid-19 restrictions, it was a 2 day online event. These 2 days included the guidance, motivation, and way forward by our Founder and Managing Trustee, Villy Doctor which was followed by presentations of the region wise work and



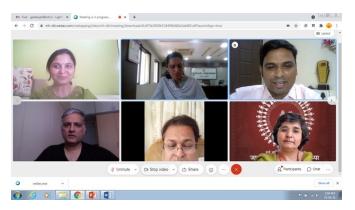
updates for the FY 20-21 by the group heads. Sessions on Digitilization (by Mr. Makarand Pathak, Program Manager SFSEP, ECP, and special programmes) and Donor Management and its prerequisites (by Ms. Sheela lyer, Lead Marketing LOLT) were conducted. It concluded with the CEO, COO and Head of Education of LOLT sharing with the team their guidance and strategies for the way forward this year.





LOLT's Covid-19 Relief & Support Programme

LOLT MMU team becomes a part of the efforts to fight COVID-19 by the Office of the Raigad District Collector:



On 23rd April, 2021 Light of Life Trust was invited to be a part of an online meeting organized by the Collector, Raigad District to gauge the different possibilities in which local reliable NGO's would support the Raigad District Collector's office to jointly handle the Covid situation caused by the second wave. Several NGOs implementing health related programmes in Raigad District participated in this interaction with the DC and her team. LOLT's MMU team member – Dr. Geetanjali Rao Hajare, Sr. Medical Officer & Mr. Gautam Kanoje, Asst. Project Manager, Project Jagruti participated in the meeting and shared the work undertaken by LOLT during COVID 19 and was much appreciated for its sincere efforts by the District Collector.

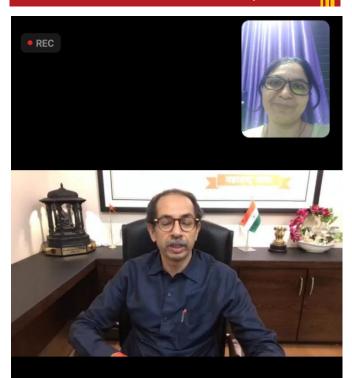


A team of 16 LOLT team members are continuously counselling Corona patients under this initiative. The team is working on various aspects such as talking to patients, understanding their difficulties, listening to their questions and giving them proper advice, creating awareness among them, eliminating their fears, inspiring them and creating positive hope, just by communicating directly with patients over the phone. So far, about 250 positive patients have been given the benefit of counselling care by LOLT. Moreover, LOLT is submitting a daily review of all these aspects to the Collector's Office.



Post this meeting the LOLT MMU team & other selected members of the LOLT team underwent training on "Counselling Corona effected people and their families" undertaken by Dr Anmol Bhusare on 5th May 2021 under the aegis of the District Collector's Office.

Meeting with the Chief Minister of Maharashtra, Shri Uddhav Thackeray



On 3rd May 2021, MMU team Senior Medical Officer, Dr. Geetanjali Rao Hajare was selected as one of the panelist of the Task Force Doctor's team at a Zoom meet with the Honourable Chief Minister of Maharashtra, Mr. Uddhav Thackeray and CMO's office. This meeting was scheduled to understand the ground level scenario in Maharashtra about the COVID-19 pandemic.



LOLT's Covid-19 Relief & Support Programme

Grocery Kit & Health Care Kits distribution, in collaboration with Share & Care Foundation



On 27th,29th, 31st of May, 3rd, 5th and 8th June 2021, Light of Life Trust, Project Jagruti, Medical Mobile Unit in collaboration with Share and Care Foundation provided COVID Relief & Support Kit to families residing in tribal hamlets/villages of Karjat Taluka. The COVID Relief & Support Kit includes Grocery

Kits, Health Guard Kits (contains Digital Thermometer, Pulse Oximeter, Sanitizer, Masks, Instructions Sheet (Marathi)) and Jagrut Arogya Mitra Training (These are selected, active volunteers: residents of hamlets & frontline workers like Anganwadi Sevika, ASHA & RZP School teachers of respective hamlet, who have already attended online training via WhatsApp video call from medical officer & are retrained one to one by MMU team personnel after Health Guard Kit distribution).In total 930 Grocery kits and 250 Healthcare Kits were distributed across 15 tribal hamlets/villages.

Grocery Kit & Health Care Kits distribution, in partnership with Children's Hope



On 26th and 28th of June 2021, Light of Life Trust, Project Jagruti, Medical Mobile Unit in collaboration with Children's Hope provided COVID Relief Support in Navasuchiwadi, Pali Katkarwadi &

Ambewadi tribal hamlets of Karjat Taluka.

COVID Relief Support includes Grocery Kit Distribution, Shield Kit Distribution (which contains 20 Cloth Masks, 2 Sanitizer Bottles & 1Instruction Sheet (Marathi); Health Guard Kit (which contains 1 Digital Thermometer, 1 Pulse Oximeter, 2 Sanitizer Bottles, 12 Cloth Masks, 30 Disposable Masks, 1 Box of Disposable Gloves, 1 Cloth Bag & 1 Instruction Sheet (Marathi) and Jagrut Arogya Mitr Training (These are selected, active volunteers: residents of hamlets & frontline workers like Anganwadi Sevika, ASHA & RZP School teachers of respective hamlet, who have already attended online training via WhatsApp video call from medical officer & are retrained one to one by MMU team personnel after Health Guard Kit distribution).

In total 233 Grocery Kits, 233 Shield Kits and 14 Health Kits were distributed till June 2021.

Grocery Kit & Health Care Kits distribution, in partnership with Chance of Life

On 28th and 29th May 2021, the Medical Mobile Unit in partnership with Chance of Life, Germany distributed 284 Grocery Kits and 244 Health Guard Kits (consisting of 12 Masks, 2 Sanitizers, Digital Thermometer, Pulse



Oximeter and instructions sheet) to the families of Anando and Anando Plus beneficiaries belonging to Kondiwade, Mohili and Chowk centres in Karjat Taluka. Before the distribution of these kits, on 26th of May 2021 an awareness session on precautionary measures to be undertaken during the pandemic and a demonstration on the use of the oxymeter and the digital thermometer, was conducted with the beneficiary students and their families by LOLT MMU Sr. Medical Officer Dr. Geetanjali Rao Hajare & LOLT MMU, Murbad Medical Officer Dr. Hemant Ghude. The response to this initiative of Light of Life Trust was overwhelming.

Grocery Kit & Health Care Kits distribution, in partnership with Zonta lub of Bombay I, India & Zonta club of Dresden, Germany

On 24th of June 2021, Light of Life Trust, Project Jagruti, Medical Mobile Unit in collaboration with Zonta club of Bombay I, India & Zonta club of Dresden, Germany provided COVID Relief Support in Kushiwaliwadi tribal hamlet of Karjat Taluka.



COVID Relief Support includes Shield Kit Distribution (which contains 10 Cloth Masks, 1 Sanitizer Bottle & 1 Paper Bag); Sanitary Kit Distribution (which contains 7 Sanitary Pad packets [7 Sanitary Pads in one packet], 1 Bathing Soap & 1 Washing Soap); Health-Guard Kit (which contains 1 Digital Thermometer, 1 Pulse Oximeter, 1 Sanitizer Bottle, 5 Cloth Masks, 1 Box of Disposable Gloves & 1 Instruction Sheet (Marathi) and Jagrut Arogya Mitr Training (These are selected, active volunteers: residents of hamlets & frontline workers like Anganwadi Sevika, ASHA & RZP School teachers of respective hamlet, who have already attended online training via WhatsApp video call from medical officer & are retrained one to one by MMU team personnel after Health Guard Kit distribution).

In total 48 Shield Kits, 81 Sanitary Kits 3 Health Kits were distributed along with 3 Jagrut Arogrya Mitr Training till June 2021.



Celebration of World Environment Day



World Environment Day was celebrated on 5th of June 2021 at the Jeevan Asha Community Centre of Light of Life Trust at village Tiware, Karjat Taluka, Raigad District. On this occasion Mr. Gautam Kanoje, Asst. Project Manager along with the Environment Conservation Team planted 10 saplings of the Caesalpinia flowering plant.



World Health Day Celebration

LOLT MMU celebrated World Health Day on 07th April 2021 with an online awareness sessions on Hygiene and COVID-19 safety & precautions. 41 beneficiaries from Karjat (17), Murbad (16) and Akkalkuwa (08) attended the session

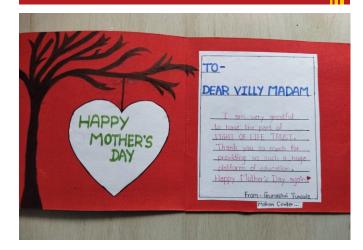


Inner Wheel Club of Bombay Central donates Sewing Machines



On 30th of June 2021, 6 Sewing Machines were received as donation from the Inner Wheel Club of Bombay Central for the Kashele Centre of Light of Life Trust situated at Karjat Taluka.

Mother's Day Celebration



Mother's Day celebration – On 9th of June 2021, Mother's Day was celebrated across all the centres of Light of Life Trust which began with a beautiful song presented by the Anando programme beneficiaries to show their love and respect for their beloved mother and to our Founding and Managing Trustee, respected Villy Doctor. Students made greeting cards and rangolis depicting their love towards their mother and presented the greeting cards to their respected mothers while expressing their gratitude towards them. Parents of the students also thanked Light of Life Trust for such a wonderful initiative and expressed that such kind of initiatives strengthen the bond between the students and them.





General Health Camp





On 1st April, MMU Murbad Team conducted General Health Camp at the centre of Livelihood training. 13 patients were attended to during this camp.

In the month of April and June 2021 an online guidance session on COVID-19 was organised by the MMU team for the beneficiaries of Project Jagruti and Anando Plus Programme across all the centres of Light of Life Trust.

Session on preparation for Interviews by Connect For organization



On 26th April, 2021 and 12th June 2021, Light of Life Trust in association with Connect For organization, conducted online session on Resume Building for youth for the Anando Plus beneficiaries of Light of Life Trust. It was also attended by the representative from JJL Foundation and Anatrang Foundation. Topics like Introduction to Resume, Purpose of Resume, Resume Sections, Tips to build/draft the Resume, Tools to build/draft the Resume, Introduction to LinkedIn and Creation of LinkedIn Profile were covered during the session.

Summer Vacation Programme



Starting from 1st of June 2021, summer vacation programme activities for the students under Project Anando were organised across all the Light of Life Trust centres in the state of Maharashtra, Rajasthan and Madhya Pradesh. The activities included mask making, Covid-19 awareness in villages through posters, message to corona warriors, Covid-19 awareness session for students by Dr. Geetanjali, let's memorize old generation's old games, showcasing unique arts & skills, best from waste, tree plantation, collection of proverbs, project making on historical places, yoga and pranayama, digital video making and social awareness poster making.









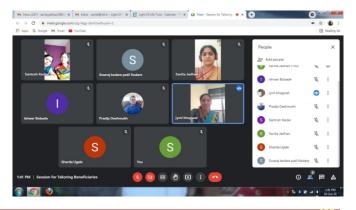
Record production of Cloth Masks and Cloth Bags



During this pandemic, women through the self help groups formed by LOLT undertook orders for cloth masks and cloth bag stitching and produced in - total 6900 cloth masks and 575 cloth bags - commendable work during this pandemic showcasing their entrepreneurship value.

Commencement of first Sewing & Tailoring batch at Akola

Light of Life Trust in association with Rallis India Limited started a new center at Shivar village of Akola District in Maharashtra State. This was followed by the start of the very first batch of Sewing & Tailoring batch on 9th June 2021. The inaugural programme was led by Mr. Gautam Kanoje, Asst. Project Manager of Project Jagruti, and Sewing & Tailoring trainer Ms. Neeta Badekar. The beneficiaries were guided about the training programme contents and were also informed about the new methodologies of virtual learning.



Distribution of Goat Rearing Starter Kit



On 8th April, 2021 Light of Life Trust in association with Rallis India Limited distributed 15 goats to 7 beneficiaries under the Goat Rearing Training Course at its Dhasai Center in Murbad Taluka, Thane District. Beneficiaries expressed their gratitude to both the organizations for providing them this opportunity to start a new venture which would lead to a good source of income generation for their families. which would help them to grow their business.



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Water Wheel Distribution programme





On 16th of June 2021, 65 Water Wheels in association with Rotary Club of Bombay Hanging Gardens & Smt Mahalakshmi Ravishankar were distributed to the women beneficiaries of Durgapur village of Murbad Taluka and further to this on 19th June 2021, 370 Water Wheels in association with Rotary Club of Bombay Hanging Gardens & Nilkamal Limited were distributed by the Environment Conservation Team of Light of Life Trust to the women beneficiaries from the 8 villages of Karjat Taluka. These Water Wheels will help the beneficiaries to reduce the hassle of transporting water over long distances.

Contribute to Light of Life Trust on Paytm Make online contribution to Light of Life Trust.



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